



Reduced Fee Assistance Policy

We believe that therapy should not be a luxury, but an accessible resource for health and well-being. Some therapists are in-network with select insurance plans, and some are out-of-network for all insurance plans. Please check with your therapist prior to scheduling your first appointment to verify insurance coverage. Our fees for service are based on what is typical and appropriate for our geographical location, our levels of experience and expertise in our respective fields, and in consideration of being accessible to folks who need our services. If our fee is unapproachable for you, you may ask about our Reduced Fee Assistance Plan.

If you require a reduced fee, we will assess your need based on Gross Annual Household Income. Reduced fee plans are awarded based on financial need of client and availability of assistance plans with each therapist. We may require verification of income to determine your eligibility. The reduced fee will remain in place for 10 consecutive weekly sessions. Continuing the reduced fee assistance plan will be reassessed and awarded in 10 consecutive session increments. If you miss 1 appointment without notice, or cancel 2 appointments with less than 24 hours notice, we reserve the right to revoke your assistance plan status. At that time, you may continue at your therapist's full fee for service, or we can refer you to another therapist who may be able to accommodate your financial need.